



PRAYER REQUESTS

Prayers for those in nursing home or assisted living

Mary Lou Preston Charla Wedel Jamie Shaddon
 John & Judy Jordan Thelma Chand

Prayers for healing or for comfort in difficult circumstances

Don Miller Leon Evans Charles Nimmo
 Pat Kelley Mary Lou Preston Logan Watkin-
 Helen Jones Juan Martinez Judd Walpole
 Robbie Meaders Chelsea Blakeburn Joe Chittum
 Chelsea Blakeburn Mary Evans Don Avery
 Don Avery Bob Ford Pat Cornell
 Family of Sylvia Robart Andy Patterson

First United Methodist Church Staff

Ministers The baptized members of the church
 Rev. Diana Steiner: djpruitt87@gmail.com
 Church Secretary Kim Snider:
 clintonfumc580@gmail.com

Music Director Shirley Clayton
 Hand Bells Director Nancy Rodolph
 Pianist Carla Cruson

OFFICE HOURS
M-TH 9:00 am - 5:00 pm (Closed Fridays)

FEBRUARY BIRTHDAYS

2/1 Jack Carpenter 2/25 Regena Browne
 2/6 Beverly Thomason 2/27 Judy Jordan
 2/6 Betty Madison 2/27 Mary Lou Preston
 2/7 Alyssa Heerwald
 2/13 Dwight Webb
 2/14 Quincy Matlock
 2/16 Jill Weedon
 2/18 Bill Jackson
 2/18 Marty Wandrie

Note: If your name is not on the birthday list, please contact the church office at 323-3179 birthday to our list. Thank You, Kim Snider

New Website: www.clintonfumc.church

The next deadline for Sower articles is Wednesday, February 18, 2026

THE SOWER (The Sower PE #508920)
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 United Methodist Church, 1001 Frisco, Clinton, OK 73601.
 POSTMASTER: Please send address changes to First United Methodist Church, 1001 Frisco, Clinton, OK 73601.



E-MAIL: clintonfumc580@gmail.com

(580) 323-3179 FAX (580) 323-2437

1001 FRISCO CLINTON, OKLAHOMA 73601

FIRST UNITED METHODIST CHURCH

PERIODICALS
 THE SOWER
 PE 508920



THE SOWER

Sunday

Monthly

February 1, 2026

*The mission of our church is to make disciples of Jesus Christ for the transformation of the World.
 Loving God; Loving Others; and Living Out Our Faith*

Lighthouse Congregations are local churches in the Oklahoma Annual Conference that are willing to offer ministry to anyone whose church has closed or disaffiliated and who wish to remain a United Methodist.

We all know February is the month of love . . . Valentine's Day AND the beginning of Lent. This year Lent begins on February 18 – just a few days after Valentine's Day. Actually that is so appropriate!! Who is this Valentine guy anyway? What does it have to do with the Lord? Glad you asked!

There are many traditions and stories associated with St. Valentine – all say he was a priest who was arrested for preaching the Gospel. Tradition holds he was brought to the home of a Roman judge whom he tried to convince of the validity of the Gospel. The home was full of pagan idols. The judge had a blind daughter. The judge told Valentinius (Valentine) if he could heal his daughter, he would believe in Jesus. Valentine did heal the girl, the judge removed all the idols and was baptized. Later Valentine tried to convert the emperor who refused and had him imprisoned and sentenced to death. It is said one of his last acts was to write the judge's daughter a letter and he signed it 'your valentine.' The love of Valentine was first and foremost about his love for the Lord. His love of God and love of others (by sharing the Good News) was the focus of everything he did. It was a sign of ultimate love – being willing to die because of his love – that "your valentine" represents.

Lent is the 40-day period leading up to Easter (April 5) where we are to examine our hearts and our priorities so that our lives will reflect our love for God and our neighbor. Our Ash Wednesday services will be Wednesday February 18 at 7:00 a.m. and 12:00 pm (Noon) in the Sanctuary. Remember – you are known, you are seen, you are understood, you are loved. "May you have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love is." (Ephesians 3:18)

Blessings, Diana





Happy
Valentine's
Day

- ♦ **Sunday, Feb. 1:** Communion - Alms Giving
9:30 am Worship Service
10:45 am Sunday School
- ♦ **Sunday, Feb. 8:** Missions - Collect "Boxed Rice and/or Canned Beans or Packaged Beans" for Opportunities, Inc. - **"Scout Sunday"**
9:30 am Worship Service
10:45 am Sunday School

Noon-2pm Boy Scout's Super Bowl Sunday - pick up pre-ordered BBQ Smoked Meats. Extra meats - Limited availability

- ♦ **Sunday, Jan 18:** **Soup Lunch provided by the church**
9:30 am Worship Service
10:45 am Sunday School
- ♦ **Sunday, Jan. 25:** Coins for Missions & 1st Sunday of Lent
9:30 am Worship Service

ALL COMMITTEE MEETING'S REMINDERS

- ♦ Weekly Bulletin Announcements
- ♦ Facebook
- ♦ Monthly Sower & Calendar - Mailed
- ♦ Website - clintonfumc.church

Practice Schedule

February

- ♦ **Wednesday**
Bells @ 5:30
Choir @ 6:30
- ♦ **Sunday**
Choir @ 9:00



Committee Meetings

- ♦ **Methodist Men's Mtg:**
Tuesday Mar 3 at 7:00 am in the FH
- ♦ **Methodist Women's Mtg:**
Monday Feb 9 at 1:00 pm in Parlor
- ♦ **Finance Committee Mtg:**
Tuesday Feb 17 at 5:30 pm
- ♦ **Trustee Committee Mtg:**
Monday Feb 23 at 6:00 pm

Watch our Worship Services anytime, anywhere!

You can watch our services on our [Facebook Page](#): **Clinton First United Methodist Church**.
Or, you can now watch our services on our [Website](#): clintonfumc.church.

Share Our Facebook Services: you never know who you might reach with the good news of Jesus!



FOR ONLINE DONATIONS PLEASE GO TO OUR NEW WEBSITE:
clintonfumc.church
Click on the "donate" button

The Trustee Committee met on 2-2-2026 and we now have a new Trustee Chair & Secretary.
We're thankful for their willingness to serve on our Trustee Committee.

Greyson Weedon - Trustee Chairman
Yvonne Carpenter - Trustee's Secretary



Wednesday, February 18, 2026

(2 Services)

7:00 am & 12:00 pm (noon)

First United Methodist Church - Sanctuary



CLINTON METHODIST MEN'S MEETING & BREAKFAST
Tuesday - March 3, 2025 - 7:00 am
Fellowship Hall

Joe Chittum - (580) 331-7261
Jimmy Evans - (580) 331-8640

Bible Study



"Adult Bible Study"
JOIN US EVERY THURSDAY

Time: 6:30 pm
Leon Evan's Home

1604 Park Ave, Clinton, OK 73601

For Questions - Call Leon Evans (580) 309-0728

CHURCH OFFICE - CLOSED FRIDAYS



"Second Sunday Servant"



Vicki Donley, Brian Clayton and Nancy Rodolph helped collect "Tomato Sauces & canned Tomato products" for Missions on January 11, 2025 for Opportunities, Inc.

Carla Cruson then delivered these items to Opportunities, Inc.

February 8, 2026
Boxed Rice and/or Canned or Packaged Beans



Dear Ladies of the Church,
Clinton Methodist Women met on Monday, January 12 in the Parlor. We had a nice meeting (mostly social) and planned out

the rest of our year. Changes to note is that our March meeting will be on March 26. We will be working together to feed the SWOSU students at the Wesley Foundation House.

A fun trip has been planned for our December meeting. More details to follow at a later date.

We would love to see any and all the ladies of our church come and join us for our social gatherings. No more long business meetings. Just fun stuff while we join in fellowship and praise our Lord!

Your CMW President,
Diana McClendon
(817) 919-4599



Dear Church Family,

We continue to practice on our Easter cantata on Wednesday evenings from 6:30 to 7:30 during choir practice. We meet every Sunday morning at 9 o'clock to practice our anthem for that particular Sunday.

Our doors are always open to anyone that would like to join us.

God bless all,
Shirley Clayton
Music Director
(580) 214-0457



"SCOUT SUNDAY"



BSA TROOP 361 SMOKED MEATS FOR SUPER BOWL SUNDAY!

Smoked Brisket (Chopped or Sliced): \$30/lb.
Pulled Pork: \$25/lb.
Smoked Sausage: \$20/lb.

Preorders Preferred.
Limited amounts available for walk-up orders.

Pickup: Noon - 2 p.m. - Feb. 8
at First United Methodist Church
1001 Frisco Ave., Clinton, OK

Contact: Marcus Roberts @ 580-450-1989
Church Office @ 580-323-3179
Or Any Troop 361 Scout!

A special thank-you to Mamaw's Kitchen of Cheyenne, OK for helping the troop prepare the meat for this "Super" fund-raiser!

THE GRANDPARENT'S CLUB

"Lies Satan Tells Older Generations . . ."
He whispers it softly, so it sounds like wisdom –
You've already lived your purpose.
Your season has passed.

Let the young ones speak now.
He calls it rest, but it's really retreat.
He calls it humility, but it's really silence.

He tells you the years behind you matter more than the breath still in your lungs.
He points to wrinkles and says expiration,
To slower steps and says irrelevant,
To quieter rooms and says finished.
But that voice is not from God.
Because Scripture has never favored youth over faithfulness.

God has always trusted those who stayed long enough to learn Him.
Satan fears the older generation because they carry memory.
Because they remember prayers answered slowly.
Because they know the sound of God's voice after disappointment.

Because they've learned obedience without applause.
He tells you your influence is small now – but he trembles at your prayers.
He tells you your strength is gone – but heaven still responds when you speak the name of Jesus.
He tells you your story is old – but testimony does not expire.

God uses seasoned hands because they don't reach for glory.
He speaks through weathered hearts because they recognize truth.
He entrusts wisdom to those who have survived doubt and chosen faith anyway.

Jesus is not finished when the pace slows.
He is not done when the crowd thins.
He is not silent when life becomes quieter.
Some callings only begin after the noise fades.

There are prayers only you know how to pray.

Words only you can speak.
Peace only you can model for a generation still learning how to wait.
If Satan can convince you you're done, he doesn't have to stop you – you'll stop yourself.

But if you still have breath, God still has intention.
If you still wake up, He still has purpose.

Your faith was not meant to retire.
Your wisdom was not meant to be shelved.
Your voice was not meant to go quiet just because the world got louder.

The lie says you're finished.
The truth says you're needed.

And Jesus – the same yesterday, today, and forever – is not done with you yet.