



PRAYER REQUESTS

Prayers for those in nursing home or assisted living

Judy Jordan Jamie Shaddon Charla Wedel
Thelma Chand Tom Javorsky Cheryle Harms

Prayers for healing or for comfort in difficult circumstances

Don Miller Leon Evans Quincy Matlock
Helen Jones Judy McAtee Eric Shephard
Carole Hatcher Judd Walpole Debbie Gaylon
Mae Anderson Patricia Littke Brett Stroud
Matt Baker Bonnie Mandrell
Family of Pat Cornell Family of Clois Jeffries

First United Methodist Church Staff

Ministers The baptized members of the church
Rev. Diana Steiner: djpruitt87@gmail.com
Church Secretary Kim Snider:
 clintonfumc580@gmail.com
Music Director Shirley Clayton
Hand Bells Director Nancy Rodolph
Pianist Carla Cruson

OFFICE HOURS
M-TH 9:00 am - 5:00 pm (Closed Fridays)

New Website: www.clintonfumc.church
The next deadline for Sower articles is Thursday August 20, 2026

AUGUST BIRTHDAYS

8/11 Casi Wyer
8/11 Dub Lowry
8/16 Scott Fransen
8/19 Cesar Wandrie
8/26 Nadia Wandrie
8/27 Gavin Evans
8/29 Ashley Kelley

Note: If your name is not on the birthday list, please contact the church office at 323-3179, to have your birthday added to our list. Thank You, Kim Snider

9:30 AM WORSHIP SERVICE
FACEBOOK LIVE & WEBSITE LIVE
(Clinton First United Methodist Church on Facebook)
(www.clintonfumc.church)
10:45 AM SUNDAY SCHOOL (all ages)

Church Office: 580-323-3179
Rev. Diana Steiner's cell number: 405-596-1702
Rev. Diana Steiner's Email: djpruitt87@gmail.com

THE SOWER (The Sower PE #5089020)
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FIRST UNITED METHODIST CHURCH
1001 FRISCO CLINTON, OKLAHOMA 73601
(580) 323-3179 FAX (580) 323-2437
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PERIODICALS
THE SOWER
PE 508920



THE SOWER

Saturday

Monthly

August 1, 2026

*The mission of our church is to make disciples of
Jesus Christ for the transformation of the World.
Loving God; Loving Others; and Living Out Our Faith*

*Lighthouse Congregations are local churches in the Oklahoma Annual
Conference that are willing to offer ministry to anyone whose church has
closed or disaffiliated and who wish to remain a United Methodist.*

Following Jesus with Ms. Buntin

Above the dry-erase board in Ms. Buntin's eighth grade classroom in Taft Middle School are posted four statements:

1.) I didn't get it. 2.) I need more practice. 3.) I can do it. 4.) I can teach it.

Obviously, these are displayed to give students who struggle with learning a pathway to tackle their math assignments. I like these. We see something similar in our progression with Jesus as disciples.

Statement Number One: I didn't get it.

This is where we all begin. We begin on the outside looking in when it comes to our faith in Jesus. Whether it's not understanding most of the Bible you read or struggling to love your neighbor or giving up that sin habit or your inability to ever get some practice of prayer going in your life, every disciple has started here. But the good news is this is exactly the right place to begin. We recognize right off the bat the important truth that being a disciple is profoundly dependent on God helping us out. Jesus said that "the poor in spirit" become a part of what God is doing in the world (Matthew 5:3) - the dependent not the independent, the needy not those who have it all together. Following Jesus is a partnership with Jesus. Don't try to follow Him without asking for His help. If you find yourself here with Jesus, let Him know you don't get it and His grace will lead you forward.

Statement Number Two: I need more practice.

At some point, however, God will invite you to take a step. You've probably heard something like this before: significant things take practice, mess-ups, and do-overs. This applies to our relationship with Jesus Christ as well. Like all good things worth doing, following Jesus will take some work (2 Corinthians 6:4-10), but it is the most rewarding work you will ever do (Mark 10:29-30). In faith we take a step to come closer to Jesus, whether it is carving out five minutes a day to read your Bible, designating a time in the morning to pray, or serving someone intentionally once a week. Everyone has different gifts and graces and are at a different place in their journey with Jesus so your steps may be different than someone else's.

Statement Number Three: I can do it.

Then one day you find yourself following Jesus. The truth is you're already being a disciple when you admit your need for God's help (statement one) and when you take that first step (statement two). But sure enough God will give you what you need to sustain disciple practices in your life, along with your own willingness. More importantly, your passion for following Jesus will grow. You will not only find yourself with the ability to do it, but you will want to do it. Jesus has that effect on people who come closer to Him (Philippians 3:7-8).

Statement Number Four: I can teach others.

Here's the sweet-spot. This is the great goal of following Jesus: to help others follow Jesus. Everything Jesus did with His disciples was designed to equip them to make and train disciples themselves with the help of the Holy Spirit. Jesus always began and begins with loving, respectful relationships. That's something we can all hopefully do. Make a friend, be a friend, share Jesus with a friend.

Where are you in this? Are you taking those first few wobbly steps in a disciple practice? Are you coming into a nice stride, perhaps having a consistent time with God every day or walking confidently in obedience? Are you thinking about who you might help to be a disciple? Go make Ms. Buntin proud.

Blessings, Diana



- ♦ **Sunday, August 2:** Communion & Alms Giving
9:30 am Worship Service
10:45 am Sunday School
4:00 pm The Chosen - Season 2, Episode 4 (FH)
- ♦ **Sunday, August 9:** Collect "Canned Vegetables" for Opportunities, Inc. *"Back to School Blessing"*
9:45 am Worship Service
10:45 am Sunday School
4:00 pm The Chosen - Season 2, Episode 5 (FH)
- ♦ **Sunday August 16:**
9:30 am Worship Service
10:45 am Sunday School
4:00 pm The Chosen - Season 2, Episode 6 (FH)
- ♦ **Sunday, August 23:** Coins for Missions
9:30 am Worship Service
10:45 am Sunday School
4:00 pm The Chosen - Season 2, Episode 7 (FH)
- ♦ **Sunday, August 30:**
9:30 am Worship Service
10:45 am Sunday School
4:00 pm The Chosen - Season 2, Episode 8 (FH)

Practice Schedule

Bell Choir & Choir Practice Resumes Wednesday Sept. 9 after Labor Day.
Sunday Sept. 13: 9:00 am Choir Practice



Committee Meetings

- ♦ **Methodist Men's Mtg:**
Tuesday Aug. 11 at 7:00 am FH
- ♦ **Methodist Women's Mtg:**
Meetings resume after Labor Day
- ♦ **Finance Committee Mtg:**
Tuesday Aug. 18 at 5:30 pm
- ♦ **Trustee Committee Mtg.:**
Monday Aug. 24 at 6:00 pm

Watch our Worship Services anytime, anywhere!

You can watch our services on our [Facebook Page](#): **Clinton First United Methodist Church.**
Or, you can now watch our services on our [Website](#): clintonfumc.church.

Share Our Facebook Services: you never know who you might reach with the good news of Jesus!



FOR ONLINE DONATIONS PLEASE GO TO OUR NEW WEBSITE:
clintonfumc.church
Click on the "donate" button



LAY SERVANT TRAINING

CLINTON

Saturday - August 29, 2026

**First United Methodist Church
1001 Frisco Ave. - Clinton, OK**

**Interested: Contact Rev. Diana Steiner
405-596-1702 djpruitt87@gmail.com**



**CLINTON METHODIST
MEN'S MEETING & BREAKFAST
Tuesday - August 11, 2026 - 7:00 am
Fellowship Hall**

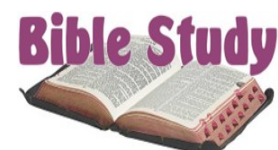
**Contacts: Joe Chittum - (580) 331-7261
Jimmy Evans - (580) 331-8640**
** (Now meeting the 2nd Tuesday of every month.) **



**Welcome to our church!
Dr. Linda Nimmo
Weatherford, OK**

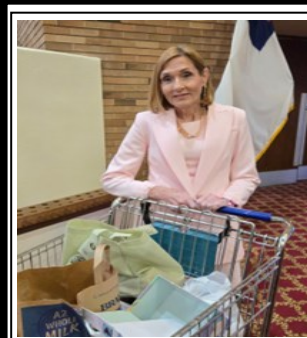


**"The Chosen" Season 2
Continues
Every Sunday
4:00 pm
Fellowship Hall**



**No
"Adult Bible Study"
At this time.**

We'll resume at a later date.



"Missions"
Vicki Donley helped collect
"Spaghetti Sauce" on July 12,
2026 for Opportunities, Inc.
Carla Cruson then delivered
these items to Opportunities,
Inc.

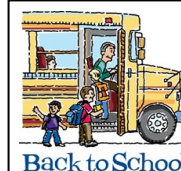
Thank You!

**August 9, 2026
"Canned Vegetables"**

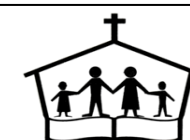


Dear Ladies of Clinton United Methodist Church,
We will start our meetings again in September. Continue to have a fabulous summer.

**Diana McClendon
CMW President
817-919-4599**



"Back to School Blessing - Sunday 8/9/26"
If you need help with school supplies in Clinton. Please give us a call at 580-323-3179 (M-TH, 9am - 5:00 pm)



- There is a sentence I wish more Christians would ask themselves before criticizing their church.
- "What would this church become if everyone contributed the way I do?"
- Would the church be friendlier?
- Would guests be welcomed?
- Would children be disciplined?
- Would lonely people be noticed?
- Would ministries be strengthened?
- Would burdens be shared?
- Would prayer increase?
- Would encouragement multiply?
- Would the pastors be refreshed?
- Would the church be healthier?
- That question is uncomfortable because it turns the conversation inward.
- It is easy to talk about what "the church" should do.
- It is harder to remember that, we are the church.
- There is no mysterious group of people somewhere else who are supposed to create community for us.
- The church becomes loving as its people practice love.
- The church becomes welcoming as its people welcome.
- The church becomes generous as its people give.
- The church becomes deep as its people pursue maturity.
- The church becomes faithful as its people remain faithful.
- At some point, the community we are looking for will require the contribution we have been withholding.



Dear Church family,
We will continue with the same schedule through July and August. We have enjoyed so much the special music that Nancy and Anita has given us. We are looking forward to more beautiful music this summer. Choir practice will resume after Labor Day.
God bless all,
Shirley Clayton
Music Director (580) 214-0457



HANDBELL CHOIR

Our Handbell Choir will resume after Labor Day. Enjoy your summer!

**Blessings,
Nancy Rodolph
Bell Choir Director (590) 445-71902**



UNDERSTANDING, ENCOURAGEMENT, & HOPE

Need help working through your grief?
A Grief Share support group is a safe, welcoming place where people learn helpful ways of coping with grief, in all its unpredictability – and gain solid support each step of the way.

**Classes Begin August 18, 2026 @ Kiesau-Lee Funeral Home
5:30 - 8:00 PM
(13-week program meets every Tuesday)**

**To register, call: 580-323-1212
Or go to griefshare.org/findagroup**

**Kiesau-Lee Funeral Home
2500 W Modelle Ave.
Clinton, OK 73601
580-323-1212**



Free Medical Clinic

**Thursday August 13 - 4:00 pm
Thursday August 27 - 4:00 pm**